



"Wow!! She unleashed areas I did not know I had. Wonderful. Thank you so much. Glad I stopped by."

"WOW WHAT A MASSAGE! BRAVA!"

"I came in so tight and tense and after an hour... I felt more relaxed than I have in months."

"What a TOTAL blissfull experience! This was my treat to myself for my 40th birthday."

"Sage, is indeed fabulous and drop dead gorgeous. I felt a sense of peace just standing in the lobby."

"I had a couple of the "best most relaxing and rejuvenating prenatal massages at Sage."

"We are lucky to have this spa in our neighborhood."

"This Place Has Soul."



SAGE
Spa

405 Fifth Ave @ 7th St 2nd Floor
Park Slope Brooklyn, NY 11215

718 832-2030
www.sagebrooklyn.com

BY APPOINTMENT ONLY

Open 7 days/week 10AM-8PM

We accept Cash, Check, MC and Visa.



SAGE
Spa

**LICENSED MASSAGE
CERTIFIED PRENATAL MASSAGE
FACIALS
REFLEXOLOGY
AROMATHERAPY**



Sage Spa is a small, elegant, highly-rated, boutique spa, in Park Slope, offering expert massage and holistic facials in a beautiful, serene setting. Individual attention, personally tailored sessions, and advanced training are all Sage Spa hallmarks. We are proud and passionate about what we do, and think you will notice the difference.

About Us:

bou-tique

a small, exclusive spa offering customized service

tran-quil

free from commotion or tumult; peaceful; quiet; calm, unaffected by disturbing emotions

ex-pert

a person who has special skill or knowledge in some particular field

trust

reliance on the integrity, strength, ability, surety, etc., of a person

re-lax

to make less tense, rigid, or firm; make lax; to bring relief from the effects of tension, anxiety

SAGE MESSAGE

Choose the massage you want from our *Select & Premium Offerings* or talk to us and we'll help you decide.

1/2 Hour	\$74
1 Hour	\$115
1 1/4 Hour	\$141
1 1/2 Hour	\$165

Now pick the type of massage you want (we'll be glad to help you decide):

Signature Massage - a mix of the therapist's best techniques.

Prenatal, Postpartum & Massage - Feel pampered while you relax.

You're in good hands. Our certified prenatal therapists are required to get 40 hours of additional training before working on a pregnant body.

40 weeks? Ask about our **Massage Session To Encourage Labor**.

Swedish Massage - classic oil- based massage.

Deep Tissue Massage -more force for bigger knots.

Angelfeet Reflexology- yummy and effective treat for feet.

Just Neck & Back - focused and extensive massage for these areas.

Myofascial Massage - gentle but penetrating work on the body's muscles and connective tissue; no oil.

Shiatsu - finger-palm-elbow pressure for energy balancing. Received with your clothes on.

Sports Massage - tailored relief for the muscles affected by your particular sport.

TMJ Massage - helps bring relief to the muscles of the jaw and surrounding areas.

SAGE PREMIUM MASSAGE

Couples Massage - Start by selecting from our custom-made organic aromatherapy oils at our "Scent Bar". Once selected, just lie back in our elegant couples room, and bliss out together. When your session is done, we invite you to relax with some tea and fine chocolates.

1 Hour	\$260
1 1/2 Hour	\$335

Hot Stone Massage - A deeply soothing specialty massage that uses heated volcanic stones to relax tight muscles and detoxify you. Good all year, but especially nice on a cold day!

1 Hour	\$130
1 1/2 Hour	\$165

Aromatic Hot Towel Massage - This luscious treatment combines the benefits of moist heat and massage to melt away your stress. Great for mind and body!

1 Hour	\$130
1 1/2 Hour	\$165

Add Ons:

Stretching Session (30 Minutes) - Get flexible, reduce stress, and improve your athletic performance - \$74

Ah Sinus Aromatherapy Relief (15 Minutes) - essential oils, hot packs, steam and acupressure point treatment for immediate relief. - \$40

We respectfully ask that you give the Spa a minimum of 24 hours notice if you must cancel an appointment. A 50% cancellation fee will be charged for any late cancellation or no-show appointment.

SAGE FACIALS

Our nourishing facials are holistic and do not include extractions.

We use Weleda Premiere Skin Care Products which are formulated from the purest, natural, organic and biodynamic ingredients. All Weleda formulations are free of synthetic additives, mineral oils, synthetic colorants and fragrance.

Harmony Mini-Facial (30 Min)

- acupressure facelift massage
- cleansing
- exfoliation
- steam w/ hand massage
- masque w/ foot massage
- moisturizing

30 minutes - \$80

Radiance Facial (60 Min)

- acupressure facelift massage
- neck and shoulder massage
- cleansing
- exfoliation
- steam w/ hand massage
- masque w/ foot massage
- eye serum
- moisturizing

One Hour-\$120

GIFT CERTIFICATES

ALWAYS APPRECIATED

Gift certificates are available for all services. Receive yours in person, by mail, or even e-mail. Call 718 832-2030 to order.

AROMATHERAPY

We invite you to visit our Scent Bar and select your favorite oil for your massage from aromatherapist, Susan Stratton's "Five Element Collection".

SAGE PACKAGES



No.1 Vital

60 Min Massage / 30 Min Facial
\$185



No.2 Pure

75 Min Massage / 30 Min Facial
\$210



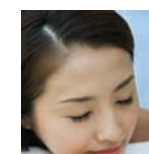
No.3 Fresh

60 Min Massage / 60 Min Facial
\$224



No.4 Renew

60 Min Massage /
30 Min Stretching \$179



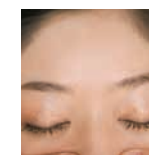
No.5 Balance

60 Min Massage / 30 Min Angel Feet- \$179



No.6 Restore

75 Min Massage / 30 Min Angel Feet- \$205



No.7 Dreams

60 Min Massage / 30 Min Angel Feet / Ah Sinus-\$218



No.8 Narcissa

60 Min Massage / 30 Min Facial / 30 Min Angel Feet - \$250



No.9 Oasis

60 Min Massage / 60 Min Facial / 30 Min Angel Feet - \$294